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HEMIN DEGRADATION IN PRESENCE OF THIOLS AND TRANSITION METAL IONS.

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ABSTRACT

Hemin degradation by various thiols including cysteine, homocysteine, N-acetylcysteine, glutamyl-cysteinyl-alanine, mercaptoethanol and dithiothreitol, and also the effect of transition metal ions like cobalt(II), copper(II), manganese(II), zinc(II), chromium(III), iron(II) and iron(III) on this degradation have been investigated. Glutathione (GSH) and other thiols have successfully degraded hemin. Metals like Cobalt(II), Copper(II), Chromium(III) and iron(II) inhibited GSH mediated hemin degradation. However this inhibition was marginally reversed by the addition of metal chelators and diethylenetriaminepentaacetic acid (DTPA). Manganese(II) and zinc(II) were increased the degradation but the DTPA abolished this increase. Iron(III) had no effect on GSH mediated degradation but co-incubation with DTPA resulted a remarkable inhibition. The effect of cobalt(II), manganese(II), Fe(II) and Fe(III) on hemin degradation by homocysteine, dithiothreitol and glutamyl-cysteinyl-alanine showed differences vis-à-vis GSH. In conclusion the results indicate that thiols other than GSH should also be explored for their protective effect on hemin-mediated membrane destabilization by virtue of their hemin degrading ability.

Key Words : Hemin, glutathione, thiols, transition metal ions, RBC membranes.

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INTRODUCTION

Heme is the prosthetic group of a variety of proteins like hemoglobin, myoglobin, cytochromes, catalase, peroxidase, guanylate cyclase and CoxA, which perform diverse physiological functions¹⁻⁴. Hemoglobin contains around 80% of total heme in the body. Endogenous heme is not recycled but undergoes enzymatic degradation by microsomal enzyme heme oxygenase (HO)⁵⁻⁷ which is present in reticuloendothelial system of liver, spleen and kidney but not in mature RBC and serum⁸. Heme oxygenase requires NADPH-cytochrome P-450 reductase (EC 1.6.2.4), molecular oxygen and NADPH for the degradation of heme⁵. Microsomal NADPH-cytochrome P-450 reductase (cytochrome c-reductase) reduces cytP-450 or molecular oxygen (electron acceptors) giving rise to reduced cytP-450 or superoxide^{9,10}. Reduced cytP-450, in turn, can donate electrons to molecular oxygen. The superoxide thus formed dismutates to H₂O₂ which can degrade free heme as well as heme of NADPH cyt P-450 reductase. The degradation can be considered non-enzymatic since H₂O₂ produced in the reaction is ultimately responsible for hemin degradation. Nonenzymatic methods of degrading heme could be useful in addition to HO mediated degradation in pathological conditions.

Heme binds tightly to the hydrophobic region of globin chain, and mediates the normal physiological role of hemoglobin in oxygen transport. However, in hemoglobinopathies like sickle cell anemia and thalassemia or under oxidative stress, the heme gets dissociated from abnormal hemoglobin molecules and exerts various deleterious actions like LDL oxidation, accumulation in RBC membranes causing dissociation of membrane skeletal proteins, increased membrane permeability and eventually red cell hemolysis¹¹⁻¹⁸. Normal hemoglobin molecules also release heme when oxidized to methemoglobin form but at a reduced rate. The normal red blood cells have the ability to counter the alterations in physiological processes, but sickle and thalassemic cells are unable to perform such actions. Under such conditions, nonenzymic degradation of heme such as GSH-mediated heme degradation could be useful to remove accumulated heme¹⁹.

Glutathione (GSH) has been shown to bind hemin and protect against hemin mediated hemolysis^{14, 20}. GSH and transition metal ions are known to generate superoxide which can dismutate nonenzymically to form H₂O₂ and give rise to highly reactive hydroxyl radical^{21,22}. Though the heme degradation by GSH and oxygen has been thoroughly investigated¹⁹, the ability of other thiol compounds to degrade heme and the effect of metal ions on thiol mediated hemin

degradation has not been investigated. Hence, in the present paper, we studied the effect of various thiol compounds (including GSH) along with transition metal ions on hemin degradation.

MATERIALS AND METHODS

Reagents: Hemin, GSH, dithiothreitol (DTT), N-acetylcysteine (NAC), mercaptoethanol (ME), homocysteine (Hcy), cysteine (Cys), diethylenetriaminepentaacetic acid (DTPA), were obtained from Sigma chemicals (Sigma, St. Louis. USA). Glutamyl- cysteinyl-alanine (glu-cys-ala) was synthesized by custom peptide synthesis (Vimta Labs, Hyderabad, India). All other chemicals were of analytical grade (Ashwani chemicals, Hyderabad, India).

Hemin degradation by thiol compounds: Hemin degradation was analyzed by UV absorption at 365 nm¹⁹. Hemin was prepared fresh at the beginning of each experiment as 1 mM stock in 5 mM NaOH, and stored in dark at 4⁰C. DTPA (20 mM) was prepared as a stock solution in 0.2 M Hepes buffer at pH 7.0 for use as inhibitor of nonspecific oxidation of thiol compounds. Fresh solutions of thiol compounds (GSH, NAC, Cys, Hcy, glu.cys.ala, DTT and ME) were prepared as 0.1 M stock solutions in 0.2 M Hepes buffer at pH 7.0. To evaluate the effect of various thiol compounds, under investigation on hemin degradation, reaction mixtures were prepared with individual thiol compounds and DTPA. Each reaction mixture contained 1mM DTPA, 2mM of individual thiol compounds and 10µM hemin in a final volume of 1ml of 0.2 M Hepes buffer at pH 7.0, pre-warmed to 37⁰C. The spectral changes between 300nm and 800nm were measured immediately after gentle mixing on a Hitachi 2000 Spectrophotometer and thereafter at 1 minute intervals till 5 minutes. Decrease in absorbance at 365 nm and a millimolar extinction coefficient of 64.1 were used for calculation of hemin degradation by all the thiols¹⁹.

pH dependence of hemin degradation by thiol compounds: To evaluate the effect of pH on the reactivity of each thiol compound used in the present study, we measured hemin degradation by thiol compounds at different pH's as described in the above method. The reaction mixture contained 1mM DTPA, 2mM indicated individual thiol compound and 10µM hemin in a final volume of 1ml of 0.2M Hepes buffer, adjusted to the desired pH. The pH was determined at the beginning and at the end of the reactions to verify the efficacy of Hepes buffers in the pH range 6.0 - 8.0 and the pH was found unaltered during the reaction.

Degradation of erythrocyte membrane-associated hemin by thiol compounds: Membrane associated heme degradation by thiols was studied using erythrocyte membranes prepared by the method of Hanahan and Ekholm²³. Erythrocyte membrane ghosts were washed with 10mM Tris-HCl buffer (pH 7.6), suspended in 10mM PBS (phosphate buffered saline) pH 7.4 and incubated

with 30 μ M hemin for 60 minutes at 37⁰ C. The membrane ghosts were then washed in 10 mM Tris-HCl buffer (pH 7.6) and finally resuspended in 0.2 M Hepes buffer (pH 7.0) to attain concentration of 3.0 mg of membrane protein/mL (protein by Lowry's method)²⁴. The hemin-loaded ghost suspension (2mL) was mixed with 1 mL Hepes buffer (pH 7.0) containing the thiol agents and incubated for 3 hours at 37⁰ C. The membrane ghosts were dissolved by adding 10 μ L of 10% TritonX-100. The hemin concentration was determined by measuring the UV absorbance at 399nm and calculated using millimolar extinction coefficient of 83.5¹⁹. All the thiols tested, degraded hemin associated with RBC ghost membranes, showing similarity to GSH.

Effect of transition metal ions on thiol mediated hemin degradation: Stock solutions (0.1 M) of Co (II), Mn(II), Zn(II), Cu(II), Cr(III), Fe(III) and Fe(II) salts were prepared in milli-Q water. Reaction mixtures for hemin degradation were prepared by adding specific thiols (2mM), metal ions and hemin (10 μ M). The spectral changes between 300nm and 700nm were measured immediately and thereafter at 60 second intervals for 5 minutes. The percentage of hemin degradation was measured by calculating the decrease in absorbance at 365 nm and a millimolar extinction coefficient of 64.1 was used for calculations¹⁹.

RESULTS AND DISCUSSION

Heme released from hemoglobin in hemoglobinopathies like beta thalassemia and sickle cell anaemia²⁵ gets incorporated into the membranes of abnormal RBCs and destabilizes the membrane structure causing hemolysis¹¹. Red cells contain several antioxidants which protect against oxidative damage and hemolysis¹⁴. GSH has been reported to degrade hemin in vitro, indicating a possible role for GSH in the protection of red cell membranes against hemin mediated damage¹⁴. In this study we investigated the role of several thiols in the degradation of hemin and the effect of transition metal ions on the degradation.

Time course of hemin degradation by different thiols showed considerable differences in degradation rates (Figure 1). Hemin degradation also showed concentration dependence with respect to different thiols at fixed hemin concentration (10 μ M, Table 1a) and with respect to hemin at fixed thiol concentration (2 mM, Table 1b). The pH optimization showed some differences but, qualitatively, all thiols showed good activity at pH 7.0 and slightly better activity was seen with NAC and glu-cys-ala at pH 8.0 (Figure 2). Low reactivity at pH 6.0 with NAC, glu-cys-ala and GSH and lesser activity at this pH with other thiols is not due to precipitation of hemin at this pH since reaction conditions preclude this possibility. The reactivity of a thiol group may depend on a number of factors such as the steric accessibility, hydrogen bond

formation and the specific microenvironment of a given SH-group. Presence of -SH group in protonated or in thiolate anion form may have bearing on the pH dependence of the degradation. Our study seems to be the first report with these compounds on hemin degradation.

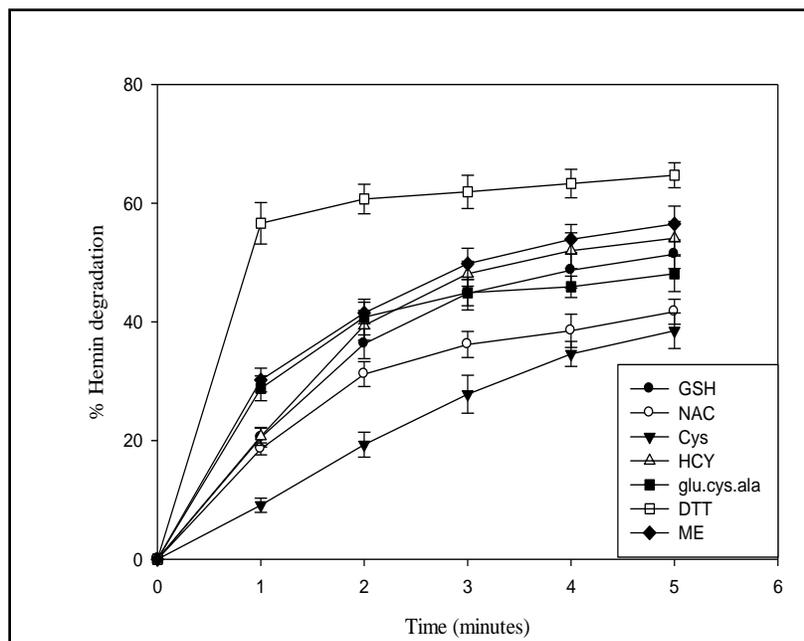


Figure 1: Time course of hemin degradation by different thiol compounds

Reaction mixture containing hemin (10 μ M), indicated thiol compounds (2mM) and 1mM DTPA in 0.2 M Hepes buffer (pH 7.0) was incubated at 37 $^{\circ}$ C. Immediately after mixing the samples, hemin degradation was determined by measuring the decrease in absorbance at 365 nm for 5 min in 1 min intervals. Data represent mean \pm SD of 3 independent experiments.

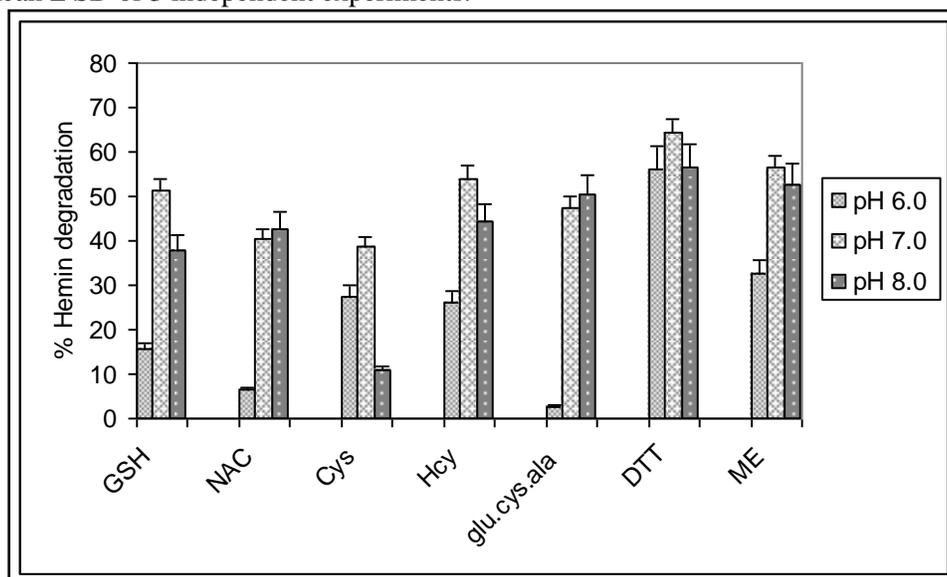


Figure 2: The pH dependence of hemin degradation

Hemin (10 μ M) was mixed with 2mM thiol (GSH, NAC, Cys, Hcy, glu-cys-ala, DTT and ME) and 1mM DTPA in 1ml of 0.2M Hepes buffer preset to the indicated pH at 37 $^{\circ}$ C and hemin degradation was monitored for 5 minutes at 365nm. Data represent mean \pm SD of 5 separate experiments.

Table 1a: Dependence of hemin degradation on concentration of the thiols tested.

Parameter→	GSH	NAC	Cys	HCY	glu.cys.ala	DTT	ME
↓Thiol Concentration	% Hemin degradation↓						
0.5 mM	31.3±0.68	22.4±0.40	16.4±0.39	37.2±0.51	26.3 ±0.40	54.6±0.33	43.5±0.38
1 mM	42.2±0.65	34.2±0.51	27.3±0.41	48.8±0.64	38.9 ±0.51	62.4±0.51	52.1±0.42
2 mM	51.1±0.57	42.2±0.68	39.2±0.53	57.7±0.52	47.8 ±0.55	65.0±0.56	59.7±0.48
3 mM	55.4±0.48	46.8±0.65	43.5±0.51	62.5±0.68	52.1±0.58	68.3±0.61	63.7±0.47
4 mM	57.7±0.69	48.5±0.59	45.2±0.60	63.0±0.56	53.8 ±0.63	68.3±0.63	66.0±0.52

The extent of hemin degradation showed concentration dependence with respect to different thiols at fixed concentration of 10 μ M hemin. Values are expressed as mean \pm SD of five experiments.

Table 1b: Dependence of hemin degradation on the concentration of hemin.

Parameter→	GSH	NAC	Cys	HCY	glu.cys.ala	DTT	ME
↓ Hemin Concentration	μ M hemin degraded ↓						
5 μ M	2.83±0.02	2.50 ±0.08	2.10±0.05	3.10±0.03	2.80 ±0.03	3.58±0.05	3.29±0.06
10 μ M	5.02±0.08	4.20±0.07	3.95±0.04	5.50±0.06	4.80±0.05	6.41±0.07	5.69±0.06
15 μ M	6.10±0.08	5.36±0.05	4.90±0.05	7.09±0.08	5.51±0.06	7.71±0.06	7.38±0.07
20 μ M	6.64±0.05	5.69 ±0.04	7.67±0.04	5.23±0.09	8.50±0.05	6.06±0.08	8.12±0.09

The extent of hemin degradation by different thiols showed concentration dependence on hemin. Thiol concentrations were 2 mM. Values are expressed as mean \pm SD of five experiments.

The effect of metal ions on thiol mediated hemin degradation was not uniform and showed considerable variations (Figure 3, Figure 4). These thiols form chelate complexes with metal ions and reduce higher oxidation states to lower oxidation states such as ferric to ferrous state²⁶. GSH mediated degradation was inhibited by Co (II), Cr(III), Cu(II) and Fe(II) but the inhibition was reversed to different extents in presence of DTPA (Figure 3). This could be due to prevention of nonspecific oxidation of GSH by chelating the metal ions. However DTPA markedly inhibited hemin degradation when co-incubated with Fe(III) even at 0.1 mM concentration at which Fe(III) alone had negligible effect on hemin degradation. Fe(III) may undergo reduction to Fe(II) form by GSH easily when chelated to DTPA. Fe(II)-DTPA thus formed could inhibit degradation of hemin (Figure 3) by acting on H₂O₂ produced by GSH and hemin. Such Fenton chemistry generates hydroxyl radicals in solution and depletes H₂O₂ needed for hemin degradation. In the present study, Mn⁺⁺ showed stimulatory effect on GSH-mediated hemin degradation which may be due to H₂O₂ formation. Taher & Lakshmaiah reported folic acid degradation by hemin in presence of H₂O₂ and degradation of heme proceeded concurrently with folic acid degradation in this system²⁷. GSH+Mn(II) did not support folic acid degradation by hemin which shows that either H₂O₂ is not formed or is used for other side reactions. However

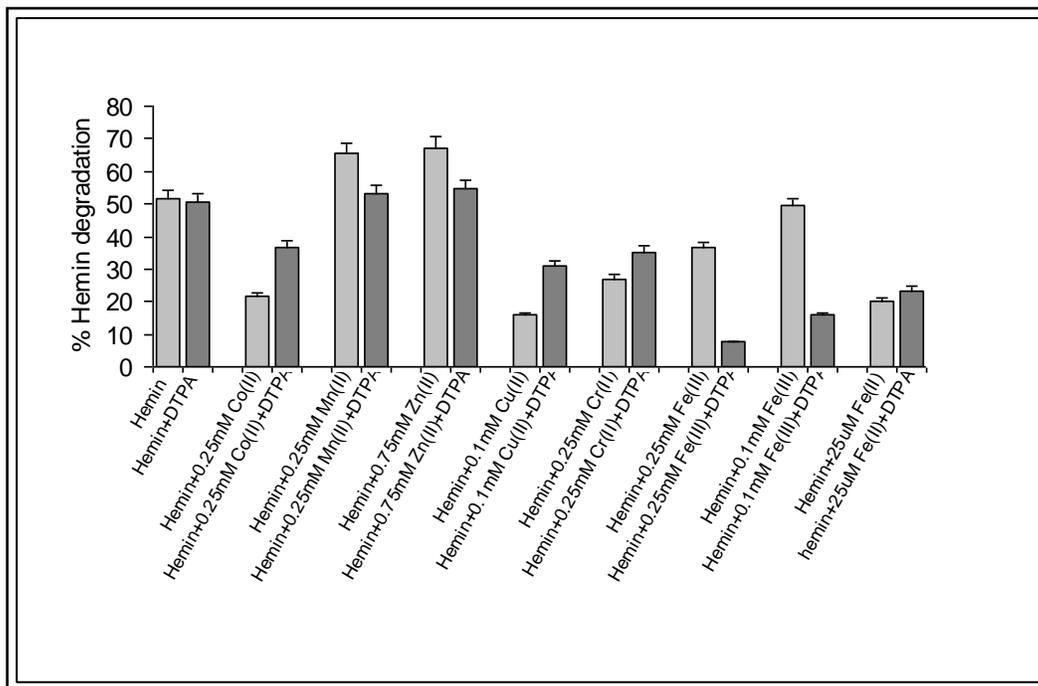


Figure 3: GSH-mediated hemin degradation in presence of transition metal ions

The reaction mixture contained hemin (10μM), 2mM GSH, 1mM DTPA and transition metal ions of indicated concentrations in a total volume of 1ml of 0.2M Hepes buffer, pH 7.0. Reactions were carried out at 37°C for 5 minutes and hemin degradation was monitored as decrease in absorbance at 365nm. Data represent mean ± SD of 5 separate experiments.

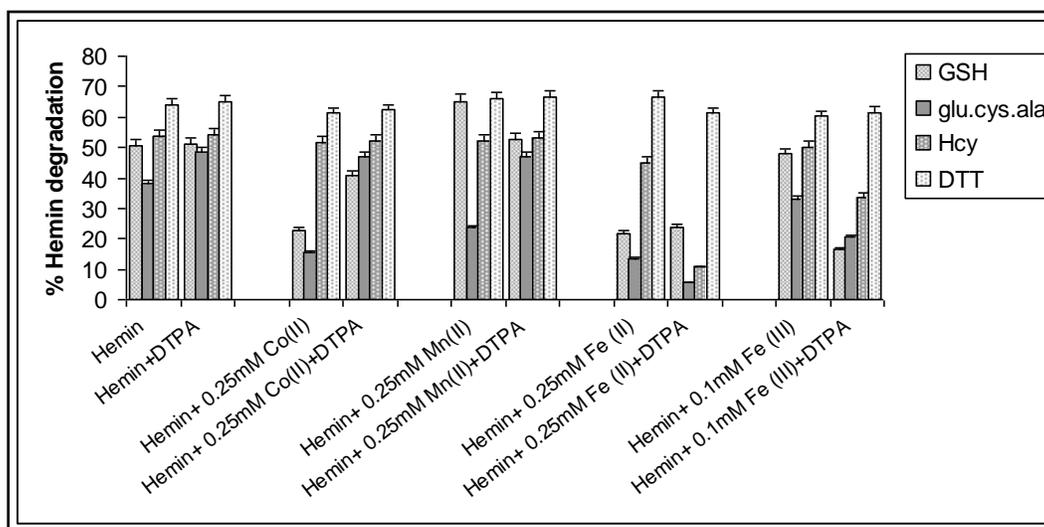


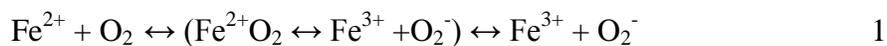
Figure 4: Effect of Co(II), Mn(II), Fe(II) and Fe(III) ions on hemin degradation by Hcy, glu-cys-ala and DTT

The reaction mixture contained Hemin (10μM), indicated thiols 2mM, 1mM DTPA and transition metal ions of indicated concentrations in a total volume of 1ml of 0.2M Hepes buffer, pH 7.0. Reactions were carried out at 37°C for 5 minutes and hemin degradation was monitored as decrease in absorbance at 365nm. Data represent mean ± SD of 5 separate experiments.

lactoperoxidase, in presence of H₂O₂ or GSH+Mn(II), was also reported to degrade folic acid in vitro²⁸. De Toledo et al. did demonstrate the formation of H₂O₂ by GSH+Mn(II)²⁹. The effect of Zn(II) on hemin degradation was similar to the effect of Mn(II) which requires further study.

The effects of Co(II), Mn(II), Fe(II) and Fe(III) on heme degradation by Hcy, DTT and glu-cys-ala seem to depend on the nature of thiol agent (Figure 4). The opposite effect of Mn(II) on GSH and glu-cys-ala mediated degradation is noteworthy since both are cysteinyl tripeptides with cysteine in the middle. Thiol peptide-heme complexes are reported to be possible chemical models of P-450 enzymes^{30, 31} showing aromatic hydroxylation activities. GSH and glu-cys-ala complexes of hemin used in this study could hydroxylate methylene bridges of heme randomly as a prelude to degradation. Hemin-thiolate complexes as chemical models of cyt P-450 are reported to catalyze strand scission of DNA also, the degradation being dependent on the structure of the thiol ligand (ME, DTT, NAC, Cys, GSH and others) and the ratio of thiol ligand to hemin concentration³². Generation of O²⁻ is essential for DNA strand scission by hemin-thiolate complexes and the mechanism has been suggested to be different from that of aromatic hydroxylation by these complexes. Degradation of hemin and DNA by hemin-thiolate complexes may have similarities.

However, the mechanism of heme degradation by the thiols tested remains to be a matter of speculation. Atamna¹⁹ proposed a mechanism for GSH mediated degradation similar to the one suggested by Minotti and Aust for iron mediated lipid peroxidation³³. The Fe³⁺ of hemin can be reduced by GSH to Fe²⁺ which can lead to the following sequence of reactions.



Formation of O²⁻ and its nonenzymatic dismutation can occur at physiological pH. Once O²⁻ and H₂O₂ are present in the system, the following reactions could take place.



Fe(II) can be oxidized to Fe(III) by H₂O₂ (reaction 5) or O₂ (oxidation as in reaction 1) and Fe(III) can be reduced to Fe(II) by O₂⁻ (reaction 4) or reduced thiols to maintain a suitable proportion of Fe²⁺ and Fe³⁺ of perferryl radical (reaction 1) which is suggested to be responsible for hemin degradation.

In this study, several other thiols were found to catalyze hemin degradation. The common denominator in these compounds is the aliphatic –SH group. Alkyl, alkoxy or ester derivatives of –SH are unlikely to be active. Hence any mechanism proposed has to revolve around the participation of –SH group. Thiols could form several sulphur-centered radicals like RS \cdot , RS \cdot SR and oxyradicals like RSOO \cdot during the course of the reaction and all of them have the potential to attack randomly the methane bridges of hemin.

It has been reported that the RBC membrane-associated hemin is degraded by GSH leading to the release of iron from the membrane¹⁹. To know whether other thiols also degrade membrane-associated hemin, erythrocyte ghosts were loaded with hemin and incubated with thiols (as described in methods) to test their hemin degrading ability (Table 2). All the thiols tested, degraded hemin associated with RBC ghost membranes and showed similarity to GSH. Hemin incorporated into RBC ghost is expected to be in hydrophobic lipid environment. The thiols tested show time dependent degradation of membrane associated hemin. Such studies will help us understand the role of thiols in hemolytic reactions.

Table 2: Degradation of RBC ghosts-associated hemin by thiol compounds.

Parameter	GSH	NAC	Cys	HCY	glu.cys.ala	DTT	ME
↓Time (minutes)	Hemin (nmol/mg protein) ↓						
0	7.50±0.02	7.50±0.03	7.50±0.03	7.50±0.02	7.50±0.04	7.50±0.03	7.50±0.03
60	6.20±0.04	6.59±0.06	6.98±0.06	5.61±0.05	6.45±0.07	3.96±0.06	4.59±0.06
120	5.12±0.06	5.61±0.07	5.89±0.08	4.42±0.08	5.29±0.07	3.22±0.08	3.85±0.09
180	3.57±0.09	4.38±0.048	4.70±0.06	3.40±0.08	3.92±0.08	2.59±0.09	3.08±0.08

White erythrocyte ghosts (containing 3 mg membrane protein/mL) were loaded at 37⁰C for 60 min with 30 μ M hemin. After removal of non-associated hemin, the membranes were incubated with 5mM indicated thiols in HEPES buffer (pH 7.0) at 37⁰C for 180 min. Hemin content was assayed by dissolving the white ghosts with 30 μ l of 10% TritonX100. Values are expressed as mean \pm SD of five experiments.

CONCLUSION

In conclusion, these studies emphasize the role of several structurally different thiol compounds in the degradation of hemin. GSH mediated hemin degradation has been shown to be physiologically relevant defense mechanism against oxidative damage of free hemin. An understanding of hemin degradation by other thiols is expected to help explore the possibility of using them for therapeutic purposes.

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