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Formulation Optimization of A Floating Extended Release Matrix Tablet of Metformin Hydrochloride

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ABSTRACT

The purpose of the present study was to develop an optimized gastric floating extended release matrix tablet of Metformin hydrochloride (FERMTs) using a hydrophilic polymer, HPMC K4M, a hydrophobic polymer ethyl cellulose and sodium bicarbonate as buoyancy contributor. The formulation of FERMTs were designed by D-optimal mixture design taking % of HPMC K4M, ethyl cellulose and sodium bicarbonate as formulation variables and prepared by wet granulation method. The FERMTs were then evaluated for hardness, friability, weight variation, content uniformity, *in vitro* drug release and floating capacity. Finally, the floating lag time (FLT) and cumulative % drug release at 1h, 2h, 6h and 10h were taken as response variables and the FERMT formulation was numerically optimized by D-optimal mixture design using Design-Expert software (version 8.1). The optimized formula showed excellent floating efficiency over 10 h period with FLT of 9.61 mins. The release profile of optimized formula showed much closed similarity with that of USP reference dissolution profile (f_2 value= 87.95). Analysis of dissolution data showed that the kinetic of drug release followed Korsemeyer-Peppas and Higuchi model.

Keywords: Floating tablet; Extended-release; Mixture-Design; Metformin hydrochloride.

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INTRODUCTION

Metformin Hydrochloride (MFH) is frequently and widely used in the management of non-insulin dependent (type II) diabetes mellitus, usually in the form of extended release oral preparations (EROPs) or conventional uncontrolled release formulations^{1, 2}. The conventional EROPs release the drug in small fraction in stomach and maximum in the intestine due to short and varying gastric residential time. But MFH is mainly absorbed from the stomach and very poorly absorbed from intestine, which results in poor oral bioavailability ($52\% \pm 5\%$)³.

Gastric retention of the delivery device for entire period of drug release may be a potential approach for uniform drug release, plasma conc. Vs time profile and improvement of oral-bioavailability. Various techniques and approaches for gastroretentive device of MFH including floating beads, floating tablets, floating microspheres, hydrodynamically balanced systems have been reported⁴⁻¹¹. But no substantial work has been reported to achieve good floatability along with a highly similar release profile with any official extended release profile of MFH.

Our objective of the present work was to formulate a floating extended release tablet formulation of MFH with a high similarity in release profile with the USP, 2009, test 2¹². The intradevice gas generation and its entrapment were used in this work to make the tablet buoyant in gastric fluid¹³. Hydroxypropylmethyl cellulose K4M (HPMC K4M) was used as matrix polymer and Sodium bicarbonate (NaHCO_3) as gas generating agent. HPMC K4M, ethyl cellulose (EC) and NaHCO_3 were considered as formulation variables, where floating lag time (FLT) and Cumulative % drug release (CPR) at 1h, 2h, 6h and 10h were taken as response parameters. D-optimal mixture design was applied to design the formulations and optimize using Design-Expert software (version 8.1). The optimized formula remained floated in 0.1N HCl over 10 hours and showed a highly similar release profile with USP, 2009 (Test 2; f_2 value= 87.95).

MATERIALS AND METHODS

Materials

Metformin hydrochloride was donated by EMCEE Pharmaceuticals, India, as gift sample; Hydroxypropylmethyl cellulose K4M was donated by Colorcon Asia Pvt Ltd; Ethyl cellulose, Talc and Magnesium stearate were purchased from Loba Chemie Pvt Ltd, Mumbai, India; Ethanol, conc. Hydrochloric acid, sodium bicarbonate anhydrous were purchased from Merck Specialties Pvt Ltd, Mumbai, India. The drug and excipients were used as received without further treatment and the reagents were of analytical grade.

Preparation of Standard curve

100 mg MFH was accurately weighed and dissolved in phosphate buffer pH 6.8 (PB) and volume made up to 100 ml (solution 1). 10 ml of solution 1 was diluted with PB to make 100ml (solution 2). Different volumes of solution 2 were taken in five different 25 ml volumetric flasks and volumes were made up with 1ml 0.1N HCl acid and sufficient quantity of PB to produce five different standard solutions with concentrations of 4, 8, 12, 16 and 20 μ g/ml. One of the standard solutions was then scanned from 190 nm to 1100 nm using UV/ Visible Spectrophotometer (SHIMAZDU, PHARMASPEC 1700, Japan) to obtain λ_{max} . Then absorbance of all standard solutions were measured at observed λ_{max} . This was repeated for three times. Then the average absorbance vs. conc. was plotted and the equation and R² value of the curve were obtained. The observed λ_{max} was 232 nm and the equation obtained was $y = 0.0798x + 0.0138$ and R² value was **0.9999**.

Formulation Design of FERMTs

For formulation of FERMTs, Hydroxy propyl methyl cellulose K4M (HPMC K4M), Ethyl cellulose (EC), NaHCO₃ were taken as formulation variables. Talc and magnesium stearate were used as lubricant. The % of MFH, talc and magnesium stearate were kept constant in all batches. The D-optimal Mixture design was adopted to design the experiment using Design-Expert software (version 8.1, Stat-Ease Inc., Minneapolis, USA)¹⁴. Total amount of three variables in the tablets were fixed at 35.5%. The low and high level of HPMC K4M, EC and NaHCO₃ were set at (16.5%-22.5%), (6%-12%) and (7%-10%) respectively. The total weight of tablet was fixed 800mg that included 500 mg of MFH. The Design-Expert software designed the experiment giving 11 different formulas of FERMTs with 3 replicates (total 14) shown in **Table 1**.

Table 1: Formula of FERMTs from code D₁ to D₁₄ generated by Design-Expert version 8.1

Formulation code	Drug(%)	HPMC K4M (%)	Ethyl cellulose (%)	NaHCO ₃ (%)	Magnesium stearate (%)	Talc (%)
D1	62.5	16.5	9	10	1	1
D2	62.5	22.5	6	7	1	1
D3	62.5	21	6	8.5	1	1
D4	62.5	19.5	6	10	1	1
D5	62.5	19.5	9	7	1	1
D6	62.5	16.5	12	7	1	1
D7	62.5	16.5	12	7	1	1
D8	62.5	17.625	10.125	7.75	1	1
D9	62.5	16.5	10.5	8.5	1	1
D10	62.5	18	7.5	10	1	1
D11	62.5	22.5	6	7	1	1
D12	62.5	19.875	7.125	8.5	1	1
D13	62.5	19.5	9	7	1	1
D14	62.5	17.625	8.625	9.25	1	1

Preparation of FERMTs

The **FERMTs** were prepared by wet granulation method¹⁵. At first, the drug, HPMC K4M and NaHCO₃ were mixed together well by geometric mixing using pestle mortar. EC was dissolved in ethanol. The powder mixture was wet-massed with the EC solution. Then the mass was passed through a sieve (mesh no # 16) to obtain granules. Then the granules were dried in a hot air oven at 60°C for half an hour. The granules were passed through sieve #16 and then sieve #20. The granules those passed sieve #16 but retained on sieve #20, were taken for compression. Prior compression magnesium stearate and talc were mixed with the granules. Then the granules were compressed by tablet compression machine (LABPRESS, 10 Station, REMI, Mumbai, India) using flat shaped punches and 12 mm diameter.

EVALUATION OF FERMTS

Weight variation and content uniformity test

Weight variation and content uniformity test were carried out as per USP 2009 to check the uniformity of prepared FERMTs. In both cases relative standard deviation (RSD) and acceptance value (AV) were calculated for each formulation¹⁶.

Hardness test

Crushing force was measured using Monsanto Hardness Tester for each formulation to check the mechanical strength of FERMTs. The measurement was repeated in triplicate. The average crushing force for each formulation was then calculated.

Friability test

This was carried out to test the friability of the floating tablets using Roche type friabilator. A tablet was weighed accurately and placed in the friabilator. Then it was rotated at 25 rpm for 4 minutes. After that, the tablet was taken out and reweighed. The % friability (f) was calculated using the formula¹⁷:

$$f = (w_1 - w_2) \times 100\% / w_1$$

Where w_1 is the previous weight and w_2 is the weight after operation. The study was repeated in triplicate for each formulation and average was calculated.

In vitro floating test

In vitro floating test was carried out to evaluate floating property of the FERMTs. The floating lag time (FLT) is the time taken by the tablet to reach the surface of the floating medium after placing of the tablet in the floating medium. The floating time (FT) is time period throughout which the tablet remains buoyant in the floating medium. A tablet was placed in 0.1N HCl acid

in a 100 ml beaker. Then the floating lag time and floating time were observed and noted¹⁸. The study was repeated three times for each formulation and average FLT and FT were calculated.

In vitro drug release test

In-vitro dissolution test was carried out using 6-station USP dissolution test apparatus type-I [Electrolab, 6 stations, Mumbai, India]. 900 ml 0.1N HCl acid (pH 1.2) was taken as dissolution medium and the basket was rotated at 50 rpm. The temperature of water bath was maintained at $37 \pm 0.5^\circ\text{C}$. The tablet was placed in the basket. 5 ml sample from the dissolution medium was taken at predetermined intervals over a period of 10 hours. 5 ml 0.1N HCl acid was added to the dissolution medium each time. The samples were then analyzed after suitable dilution by double beam UV-Visible Spectrophotometer (Pharmaspec-1700, Shimadzu, Japan). The test was repeated with 6 units from each batch. Cumulative % drug release (CPR) at different time points were calculated using the equation of standard curve. The release data were then analyzed to obtain the release kinetic and mechanism¹⁹. Finally dissolution similarity factor f_2 values were calculated to assess the similarity of release profile of FERMTs with the USP 2009 reference for extended release tablet of MFH (Test 2). The formula of f_2 value is as follow:

$$f_2 = 50 \times \log \left[\left\{ 1 + \frac{1}{n} \sum_{j=1}^n (R_j - T_j)^2 \right\}^{-0.5} \times 100 \right]$$

Where n is the number of time point, R_j is the reference % dissolved and T_j is the test % dissolved. In order to consider the similar dissolution profiles, f_2 value should be close to 100. FDA and EMEA suggest that two dissolution profiles are declared similar if f_2 is between 50 and 100. The reference dissolution profile for extended release tablet of MFH in USP 2009 is given in **Table 2**.

Table 2: Dependent & independent variables, reference and target value of response parameters.

Sr.No	Independent variables	Dependent variables	USP Reference value of response (test 2)	Target value of response
1	HPMCK4M (%)	CPR1h	20 - 40	30
2	EC (%)	CPR2h	35 - 55	45
3	NaHCO ₃ (%)	CPR6h	65 - 85	75
4	-	CPR10h	not less than 85	95
5	-	FLT (min)	-	10

HPMCK4M = Hydroxypropylmethyl cellulose; EC = Ethylcellulose

Analysis of the responses and formulation optimization

Finally the response variables: FLT, cumulative % drug release at 1h, 2h, 6h and at 10h (CPR1h, CPR2h, CPR6h and CPR10h respectively) were analyzed and formulation was optimized

numerically to obtain target FLT (10 mins) and release profile (USP reference release profile for extended release tablet of MFH; **Table 2**) by Design-Expert software following the D-optimal mixture design. After optimization, the floating tablets were prepared as per the optimized formula and evaluated. Then the observed responses were compared to the predicted and target values.

RESULTS AND DISCUSSION

The content uniformity and weight variation test showed that the acceptance values of all formulations in each case were within the limit prescribed in USP. The prepared FERMTs showed having sufficient mechanical strength. The tablets showed having hardness within the range of 4.75 kg to 5.5 kg. The tablets were compressed with a constant compaction force. The % friability of all formulations was below 1%.

The in vitro floating test showed that the floating lag time (FLT) observed was within the range from 4 mins to 28.5 mins. The total floating time (TFT) for all formulations was observed greater than 10 hours. The generation and subsequent entrapment of CO₂ as a result of reaction between NaHCO₃ and HCl acid inside the tablet, contributes the buoyancy. The FLT was taken as response variable in this study as all designed formulations showed having TFT more than 10 hours. The ANOVA study yielded the regression model for FLT, which was as follow:

$$\text{FLT} = -202.99A + 724.16B + 4969.9C - 47.56AB - 247.36AC - 290.19BC + 10.47ABC + 1.14AB(A-B) + 4.4AC(A-C) + 4.5BC(B-C). [A = \text{HPMC K4M}, B = \text{EC}, C = \text{NaHCO}_3] \text{ ----- (1)}$$

The values of the coefficients in the model equation 1 indicate that floating lag time is mainly influenced by ethyl cellulose and NaHCO₃. The formula with higher amount of EC but same amount of NaHCO₃ exhibited higher FLT. It may be due to more entrapment of NaHCO₃ by EC that reduce the access of HCl to it (**Figure 3**).

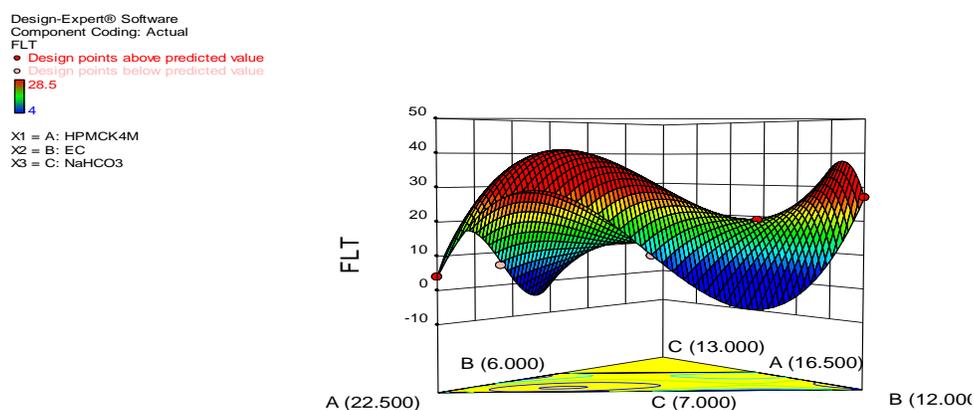


Figure 3: 3-D curve for response FLT

In vitro dissolution study showed drug-release over 10 hour period from different designed formula (Figure 1 & 2). Fitting of the dissolution data into different release kinetic models revealed that the kinetic of drug-release followed Higuchi and Korsmeyer-Peppas (KP) models. The exponent values of KP model obtained were around 0.5, which indicates drug-release by fickian diffusion mechanism¹⁹. A barrier gel layer was found to form around the outer surface of the tablets. The tablets were also found to swell up because of uptake of water by hydrophilic HPMC K4M. The outer barrier gel layer was found to propagate gradually towards the interior of the tablets. The surface erosion was also found in later stage of dissolution. The small deviation of 'n' value of KP model from 0.5 (value indicating fickian diffusion) might be due to the surface erosion (Table 3). Dissolution similarity factor f_2 of all designed formula and optimized formula were within the range from 50 to 100 (Table 3) which might be considered as 'similar' as per USFDA guideline. The higher f_2 value indicates higher degree of similarity. D₁ formula showed highest similarity ($f_2=89.21$).

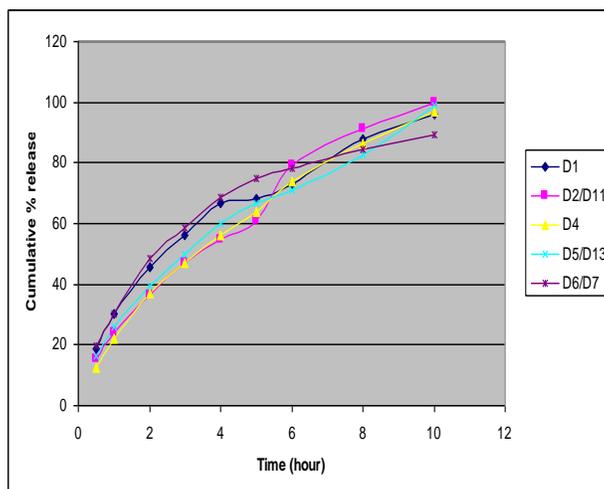


Figure 1: cumulative % release vs. time profile

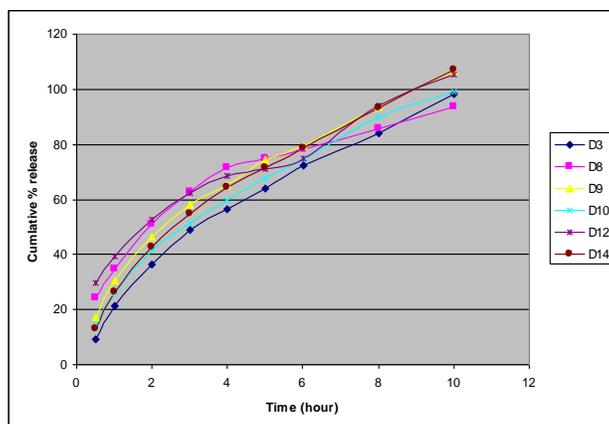


Figure 2: cumulative % release vs. time profile

Table 3: R² values of different kinetic models & f₂ values

Formulation code	R ² values						Model of best fit	f ₂ value
	Zero order	First order	Higuchi	Hixson-Crowell	Korsmeyer - Peppas			
					R ²	n		
D1	0.9308	0.7785	0.9891	0.9813	0.9877	0.5327	H/KP	89.21
D2	0.974	0.8543	0.9867	0.9433	0.9959	0.6323	KP	60.45
D3	0.9579	0.7474	0.9985	0.9595	0.9786	0.7485	H	59.36
D4	0.9664	0.8005	0.9994	0.9836	0.9952	0.6801	H	61.43
D5	0.9631	0.8191	0.9956	0.9286	0.9967	0.5879	H/KP	66.63
D6	0.8569	0.7209	0.9602	0.9553	0.9752	0.5116	KP	70.97
D7	0.8628	0.7203	0.9634	0.9625	0.9745	0.5231	KP	70.56
D8	0.8778	0.7501	0.9702	0.9763	0.9833	0.4537	KP	68.51
D9	0.9526	0.7854	0.9969	0.8136	0.9891	0.5869	H	59.64
D10	0.9604	0.7965	0.9702	0.9629	0.993	0.6227	H	72.46
D11	0.9729	0.856	0.9969	0.9496	0.9952	0.6351	KP	60.45
D12	0.9641	0.8709	0.9987	0.7801	0.9894	0.407	H/KP	54.95
D13	0.9686	0.8276	0.9844	0.9966	0.998	0.5966	H/KP	66.63
D14	0.9562	0.7672	0.9985	0.8148	0.9852	0.6737	H	58.74
OF	0.9749	0.9003	0.9961	0.9799	0.9922	0.5117	H/KP	87.95

H- Higuchi; KP- Korsmeyer-Peppas; OF- optimized formula.

The ANOVA study yielded best fitting polynomial regression equations for each response variable.

The regression model of CPR1h was:

$$\text{CPR1h} = 0.384A + 1.622B + 0.846C \text{ ----- (2)}$$

The model equation 2 and the **figure 4** showed that the drug release at 1 hour is greatly influenced by HPMC K4M.

Design-Expert® Software
Component Coding: Actual
CPR1h
● Design points above predicted value
○ Design points below predicted value
39.14
21.47
X1 = A: HPMCK4M
X2 = B: EC
X3 = C: NaHCO₃

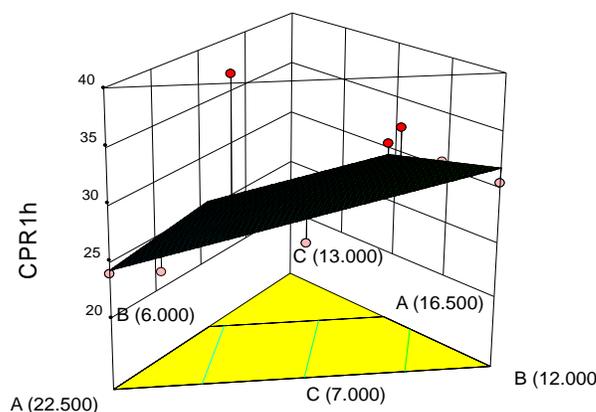


Figure 4: 3-D curve for response CPR1h

CPR1h decreases with increase in HPMC K4M and decreases with decrease in EC. It might be due to formation of barrier gel layer around the tablet by hydrophilic HPMC K4M. Hydrophobic EC interferes with the formation of gel layer by decreasing water uptake and results large interstitial channel in the matrix. This promotes faster drug release. Same effect of HPMC K4M and EC on CPR2h was observed (**Figure 5**). The regression equation of CPR2h was:

$$\text{CPR2h} = 0.501A + 2.48B + 1.51C \text{ ----- (3)}$$

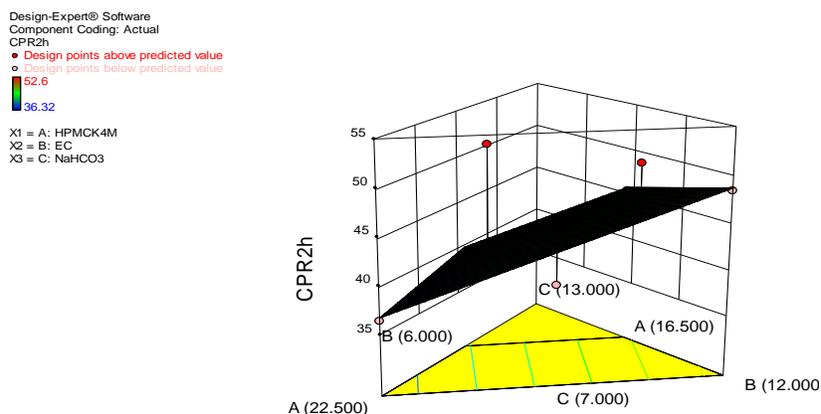


Figure 5: 3-D curve for response CPR2h

CPR6h decreases initially but increases later with decrease in HPMC K4M (**Figure 6**). In the higher portion of the range of HPMC K4M, high water uptake and gel formation and low interference of EC causes slower drug release but in the lower portion the range of HPMC K4M, high negative interference of EC in the gel formation increases the drug release. The regression equation of CPR6h was:

$$\text{CPR6h} = 53.92A - 0.253B - 367.56C - 2.78AB + 16.94AC + 11.45BC + 0.034ABC - 0.077AB(A-B) - 0.49AC(A-C) - 0.103BC(B-C) \text{ ----- (4)}$$

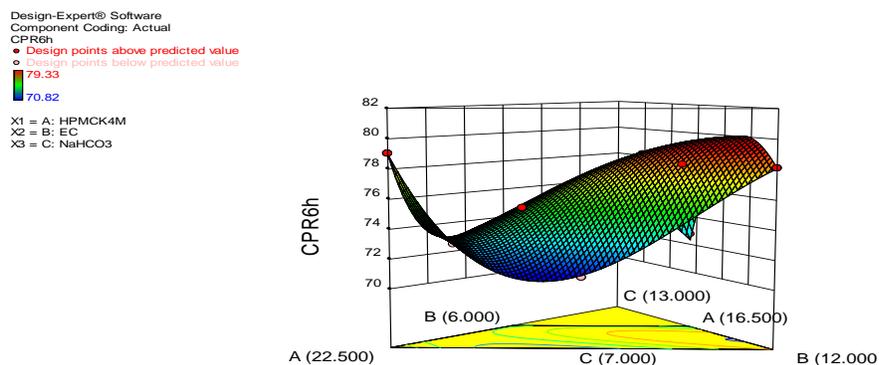


Figure 6: 3-D curve for response CPR6h

The regression equation of CPR10h was (figure 7)

$$\text{CPR10h} = 1.62A - 9.97B - 14.64C + 0.401AB + 0.687AC + 1.49BC \text{ ----- (5)}$$

Design-Expert® Software
 Component Coding: Actual
 CPR10h
 ● Design points above predicted value
 ○ Design points below predicted value
 100.9
 89.33
 X1 = A: HPMCK4M
 X2 = B: EC
 X3 = C: NaHCO₃

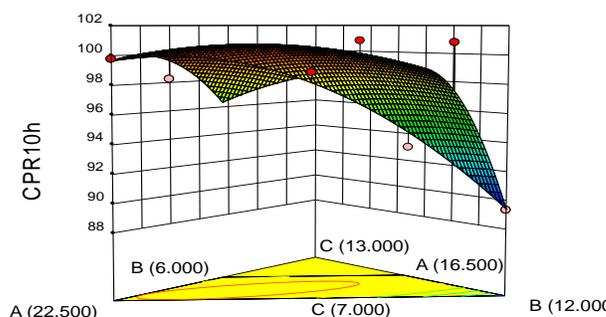


Figure 7: 3-D curve for response CPR10h

The ANOVA study of each of the response variables yielded the best fitting polynomial model for that variable. Only those models were considered which had a high F-value corresponding to $p < 0.05$. Only the model for CPR1h was not significant ($p > 0.05$) (Table 4). The 5 polynomial models were then solved simultaneously by numerical methods keeping the target values as given in the Table 2 to obtain optimized formula. The target for CPR1h, CPR2h, CPR6h, CPR10h and FLT were set at 30%, 45%, 75%, 95% and 10 mins respectively. The optimized levels of formulation-variables were HPMC K4M 18.16%, ethyl cellulose 10.04% and sodium bicarbonate 7.30%. After optimization, the floating tablets were prepared as per the optimized formula and evaluated. The study showed 28.92%, 46.07%, 74.41% and 97.34% drug release at 1h, 2h, 6h and 10h respectively resulted from the optimized floating tablet. The FLT observed was 9.61 mins. The comparison of the observed values with the predicted and target values revealed closeness to the target and predicted values of the responses (Table 5). The f_2 value of the optimized tablet was 87.95 that indicate a high degree of similarity.

Table 4: Different statistical parameters for the response variables

Response	F-value	p>F	LOF	R ²	Predicted R ²	PRESS
CPR1h	1.97	0.1853	235.25	0.2640	0.0246	311.77
CPR2h	5.50	0.02	214.37	0.5002	0.3493	279.15
CPR6h	25.79	0.003	2.28	0.9830	0.8904	255.20
CPR10h	7.03	0.0084	36.87	0.8146	0.4249	114.37
FLT (min)	60.43	0.0006	7.50	0.9926	0.1851	837.94

Table 5: Target, predicted and observed responses for optimized floating tablet

Response	Target	Predicted	Obtained
CPR1h	30	29.44	28.92
CPR2h	45	45.09	46.07
CPR6h	75	75.08	74.41
CPR10h	95	96.66	97.34
FLT (min)	10	10	9.61

CONCLUSION

The aim of the present study was to develop an efficient gastro retentive tablet for extended release of metformin hydrochloride. On the basis of in vitro evaluations, an optimized tablet formulation was obtained, that showed an optimum floatability and a highly similar release profile with that in USP, 2009. But, in addition, it needs to be mentioned that future research work should include the evaluations of the in vivo gastric retention capacity as well as in vivo drug release profile both in animal and human models as well as elaborate clinical trials in order to place it as a marketable product.

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